

High Yield Bonds Deliver Solid Returns Amid Tight Spreads

Tight spreads in the high yield market highlight the need for selectivity despite strong fundamentals.

High yield corporate bonds delivered an 8 percent total return in 2024, marking the second-best annual performance in five years and exceeding the 1997–2023 sector average. Expectations of more business-friendly policies, including potential corporate tax cuts, drove significant spread tightening in the fourth quarter, bringing spreads to within 20 basis points of historical lows. While strong credit fundamentals and favorable rating migration trends persist, historically tight spreads underscore the need for careful security selection.

Sector Commentary

- Spreads on the ICE BofA U.S. High Yield Master II Constrained Index fell below 2021 tights around the beginning of the fourth quarter of 2024, ending the year at only 292 basis points, in the 6th percentile of historical levels.
- Despite strong spread performance, the high yield index posted a fourth quarter return of just 0.2 percent—its weakest since the third quarter of 2022—weighed down by rising Treasury yields.
- Healthcare, technology, and transportation led sector performance, with returns of 11.2 percent, 9.6 percent, and 9.6 percent, respectively. Utilities, capital goods, and automotive had the weakest, but still solid, returns of 6–7 percent.
- Expectations of a more merger-friendly regulatory environment may be driving spread tightening in CCC-rated credits, with spreads approaching their 2021 tights and remaining within a tight range of 680–770 basis points since October 1.

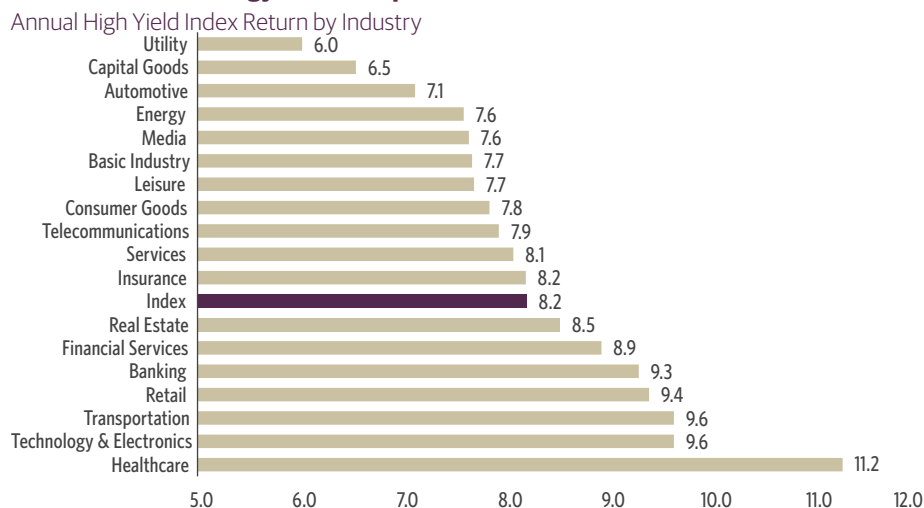
Investment Themes

- Despite historically tight credit spreads, high yield bond yields remained above 7 percent during the fourth quarter 2024.
- Last quarter’s performance highlighted the impact of Treasury volatility on high yield sector returns. However, strong credit fundamentals suggest that weak periods should be seen as attractive entry points to add yield.
- The trailing 12-month par-weighted default rate ended 2024 at just 1.5 percent, well below the historical average of 4 percent. We expect it to remain below average in 2025.
- Refinancing accounted for over 70 percent of primary issuance in 2024. We anticipate that M&A and general corporate activity could make up a greater share of primary market activity this year.
- We prefer higher quality high yield bonds (rated B or above) due to their stronger fundamentals and lower default risk. We believe these bonds offer attractive yields and relative risk mitigation.

By Thomas Hauser and Maria Giraldo

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Healthcare, Technology, and Transportation Led Sector Performance in 2024



Source: Guggenheim Investments, Bloomberg. Data as of 12.31.2024.

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